March 21-22

Incoming solar energy equal in both hemisphere





SUMMER Solstice June 21-22 Incoming solar energy greatest in Northern hemisphere May God himself, the God who makes everything holy and whole, make you holy and whole, put you together—spirit, soul, and body and keep you fit for the coming of our Master, Jesus Christ." 1 Thessalonians 5:23, MSG

WINTER Solstice December 21-22 Incoming solar energy greatest in southern hemisphere

AUTUMN Equinox September 22-23

## AN INVITATION TO SUMMER SOULSTICE

Matthew 11:28-30, MSG

"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. **Learn the unforced rhythms of grace**. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

Verb, Strong's Number: g373 Greek: anapauo, meaning, "Refresh, Refreshing, to give intermission from labor, to give rest, refresh" (ana, "back," pauo, "to cause to cease").

Learn more about what God has to say about finding rest for your soul. This Summer Soulstice is like a tall frosted glass of icy cold water (lemon-infused ice, of course) on a steamy summer day. Join Author and Life Coach, Janell Rardon, on this journey by subscribing at <u>www.janellrardon.com</u>. You are one click away from **Summer Soulstice 2014**.