

START
TODAY.



AN INVITATION TO SUMMER SOULSTICE

Matthew 11:28-30, MSG

"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it.

Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

Verb, Strong's Number: g373 Greek: anapauo, meaning, "Refresh, Refreshing, to give intermission from labor, to give rest, refresh" (ana, "back," pauo, "to cause to cease").

Learn more about what God has to say about finding rest for your soul. This Summer Soulstice is like a tall frosted glass of icy cold water (lemon-infused ice, of course) on a steamy summer day. Join Author and Life Coach, Janell Rardon, on this journey by subscribing at www.janellrardon.com. You are one click away from **Summer Soulstice 2014**.